



## Acupuncture New Client Form

We would like to welcome you to New Balance Chiropractic Clinic, where it is our mission to provide you with the best holistic solutions for your individual needs. Before getting started, we believe it is crucial to get to know you and your situation intimately. Your health is our primary concern. If we believe our services are not the best solution for your individual needs, we will refer you to the appropriate health care provider.

### Patient Identification

Name: \_\_\_\_\_ Gender:  Male  Female  
Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Telephone: Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
Email: \_\_\_\_\_ Date of Birth (m/d/y): \_\_\_\_\_ Age: \_\_\_\_\_  
Insurance Provider: \_\_\_\_\_ Policy # / Member ID: \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Emergency Contact: \_\_\_\_\_ Phone Number: \_\_\_\_\_  
Alberta Health Care #: \_\_\_\_\_ Family Physician: \_\_\_\_\_  
Date of last exam: \_\_\_\_\_

Referral Type:  Google  Facebook  Live/work in Area  Referral by: \_\_\_\_\_

Would you prefer appointment reminders via:  home phone  cell phone  work phone  email

Previous Chiropractic Care:  Yes  No Name of Chiropractor: \_\_\_\_\_

When: \_\_\_\_\_ Reason for visit: \_\_\_\_\_

Previous Massage Therapy:  Yes  No Name of Therapist: \_\_\_\_\_

When: \_\_\_\_\_ Reason for visit: \_\_\_\_\_

### Patient Acceptance

Unless prior arrangements have been made, payment is due in full when services are rendered.  
WCB and motor vehicle accident cases will be billed directly.

***Cancellation Notice: Your appointment is an opportunity to address your health concerns. It is our goal to provide this opportunity in a timely manner to all members of the community. We respectfully ask that you provide at least 24 hours notice if cancellation is required. Please note that missed or cancelled appointments without appropriate notice will result in a charge of 50% of scheduled services being applied to your account.***

I, the undersigned, understand and accept the statements above and that the practitioners of New Balance Chiropractic Clinic have the right to refuse or discontinue treatment at any time.

Signature \_\_\_\_\_

Date \_\_\_\_\_

***Your partner for a healthy  
body!***



Patient History

Do you exercise?:  Yes  No How much? \_\_\_\_\_

Activities: \_\_\_\_\_

Do you smoke?  Yes  No How much? \_\_\_\_\_

How much water do you consume daily? \_\_\_\_\_

Do you consume alcohol?  Yes  No How much? \_\_\_\_\_

Have you ever been diagnosed with any of the following? Please check all that apply:

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Epileptic Seizures | <input type="checkbox"/> Low/High Blood Pressure | <input type="checkbox"/> Neurological Disease    |
| <input type="checkbox"/> Cancer          | <input type="checkbox"/> Stroke             | <input type="checkbox"/> Diabetes                | <input type="checkbox"/> Cardiovascular Disease  |
| <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Liver Disease      | <input type="checkbox"/> Kidney Disease          | <input type="checkbox"/> Musculoskeletal Disease |

Have you ever or do you currently experience any of the following symptoms/conditions?

Please check all that apply:

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Asthma/Emphysema   | <input type="checkbox"/> Anxiety/Depression               | <input type="checkbox"/> Hernia/Ulcer                   |
| <input type="checkbox"/> Chest Pain         | <input type="checkbox"/> Skin Condition/Sensitivity       | <input type="checkbox"/> Eye/Ear/Nose Pain              |
| <input type="checkbox"/> Migraine           | <input type="checkbox"/> Sexually Transmitted Disease/HIV | <input type="checkbox"/> Difficulty Hearing             |
| <input type="checkbox"/> Nausea/Vomiting    | <input type="checkbox"/> Unexplained Weight Loss/Gain     | <input type="checkbox"/> Cardiac Pacemaker              |
| <input type="checkbox"/> Abdominal Pain     | <input type="checkbox"/> Sinus/Respiratory Infections     | <input type="checkbox"/> Allergy/Food Intolerance       |
| <input type="checkbox"/> Difficulty Seeing  | <input type="checkbox"/> Shortness of Breath              | <input type="checkbox"/> Anemia/Blood Clotting Disorder |
| <input type="checkbox"/> Corrective Eyewear | <input type="checkbox"/> Dizziness/Fainting               | <input type="checkbox"/> Fever                          |
| <input type="checkbox"/> Easily Bruised     | <input type="checkbox"/> Indigestion/Heartburn            | <input type="checkbox"/> Broken/Fracture/Dislocation    |

**Females only:** # of Pregnancies \_\_\_\_\_ # of Children \_\_\_\_\_

Currently pregnant:  Yes  No

Have you ever experienced difficulties with your menstrual cycle (cramps, headaches, etc)?  Yes  No

Please list all current **medications** and **supplements**, including dose and frequency:

Please list all **hospitalizations/surgeries**, including date and diagnosis:

Please list any previous **major traumas** (falls, motor vehicle accidents, sports injuries, etc):

---

*Your partner for a healthy  
body!*

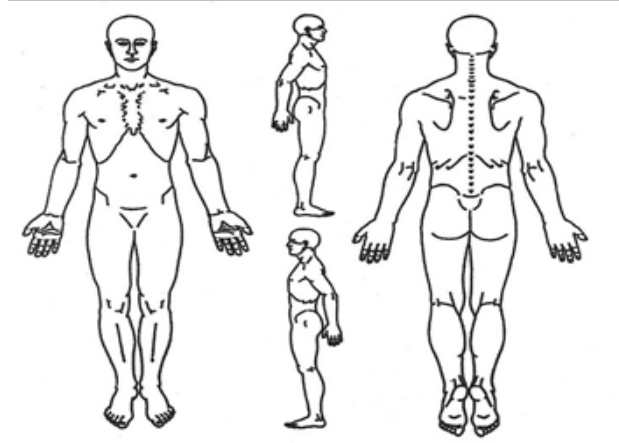
Current Complaint

Is your current complaint related to a work injury?  Yes  No

Is your current complaint related to a motor vehicle accident?  Yes  No

*Please describe your primary symptoms:*

*Please indicate the location of your symptoms:*



When did your symptoms first start? \_\_\_\_\_

How often do you experience symptoms?

Minimally  Weekly  Every Other Day  Daily  All the Time

On a regular basis, how would you rate the intensity of your symptoms? Place an "X" on the scale below.

No pain  Worst possible pain

Describe your symptoms:

- |   |                                    |                                       |
|---|------------------------------------|---------------------------------------|
| <input type="checkbox"/> Stiffness      | <input type="checkbox"/> Tingling  | <input type="checkbox"/> Dull Ache    |
| <input type="checkbox"/> Crampy         | <input type="checkbox"/> Shooting  | <input type="checkbox"/> Numbness     |
| <input type="checkbox"/> Sharp/Stabbing | <input type="checkbox"/> Throbbing | <input type="checkbox"/> Other: _____ |

When are your symptoms the worst?

- Morning  Mid-Day  Night  Other: \_\_\_\_\_

What aggravates your symptoms?

- |  |  |                                       |
|--|--|---------------------------------------|
| <input type="checkbox"/> Lifting         | <input type="checkbox"/> Sitting           | <input type="checkbox"/> Standing     |
| <input type="checkbox"/> Inactivity/Rest | <input type="checkbox"/> Activity/Exercise | <input type="checkbox"/> Light/Noise  |
| <input type="checkbox"/> Stress          | <input type="checkbox"/> Fatigue           | <input type="checkbox"/> Other: _____ |

What relieves your symptoms?

- |  |                                     |  |
|--|-------------------------------------|--|
| <input type="checkbox"/> Ice                         | <input type="checkbox"/> Heat       | <input type="checkbox"/> Inactivity/Rest |
| <input type="checkbox"/> Activity/Exercise/Stretches | <input type="checkbox"/> Medication | <input type="checkbox"/> Other: _____    |

What are your goals for treatment?

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Relieve symptoms                   | <input type="checkbox"/> Overall wellness        | <input type="checkbox"/> Increase functional abilities |
| <input type="checkbox"/> Reduce stress                      | <input type="checkbox"/> Improve range of motion | <input type="checkbox"/> Improve posture               |
| <input type="checkbox"/> Improve range of health & wellness |  |  |

**Your partner for a healthy body!**



## Acupuncture Informed Consent

**Please read the entire consent carefully**

I hereby request and consent to the performance of acupuncture and other procedures related to acupuncture if necessary, including moxibustion, cupping, electro-acupuncture, Gua Sha, Chinese herbals and other techniques within the scope of practice of acupuncturists.

I further understand and am informed that in the practice of acupuncture, as in all healthcare, there are some slight risks to treatment; although all needles are pre-sterilized and disposable. These risks include, but are not limited to temporary soreness, bruising, blistering, nausea, fainting, bleeding, infection and shock.

I have read the above consent. I have also had an opportunity to ask questions about this content. By signing below, I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future conditions for which I seek treatment.

Patient Name: \_\_\_\_\_ Witness Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Witness Signature: \_\_\_\_\_

Date (dd/mm/yy): \_\_\_\_\_